

10-31-21

**Ten Keys to the Life You Always Wanted**  
**Practice Positive Conflict Resolution**  
**Jon Rychener**

**Exodus 20:13 (NIV):** "You shall not murder."

**Question #1: What does the command prohibit?**

**Exodus 22:2-3 (NIV):** "If a thief is caught breaking in at night and is struck a fatal blow, the defender is not guilty of bloodshed; but if it happens after sunrise, the defender is guilty of bloodshed..."

**Numbers 35:20-21 (NIV):** "If anyone with malice aforethought shoves another or throws something at them intentionally so that they die or if out of enmity one person hits another with their fist so that the other dies, that person is to be put to death; that person is a murderer..."

**Numbers 35:22-25 (NIV):** "But if without enmity someone suddenly pushes another or throws something at them unintentionally or, without seeing them, drops on them a stone heavy enough to kill them, and they die, then since that other person was not an enemy and no harm was intended, the assembly must judge between the accused and the avenger of blood according to these regulations. The assembly must protect the one accused of murder from the avenger of blood and send the accused back to the city of refuge to which they fled. The accused must stay there until the death of the high priest, who was anointed with the holy oil."

**Psalms 139:16 (NIV):** Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

**Question #2: How did Jesus transform the commandment?**

**Matthew 5:21-22 (NIV):** "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment..."

**Matthew 5:22 (NIV):** "...Again, anyone who says to a brother or sister, 'Raca,' is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell."

**Question #3: How do we resolve the anger in our hearts?**

**Matthew 13:54-57 (NIV):** Coming to his hometown, he began teaching the people in their

synagogue, and they were amazed. "Where did this man get this wisdom and these miraculous powers?" they asked. "Isn't this the carpenter's son? Isn't his mother's name Mary, and aren't his brothers James, Joseph, Simon and Judas? Aren't all his sisters with us? Where then did this man get all these things?" And they took offense at him...

**Luke 4:28-29 (NIV):** All the people in the synagogue were furious when they heard this. They got up, drove him out of the town, and took him to the brow of the hill on which the town was built, in order to throw him off the cliff.

**Matthew 5:23-24 (NIV):** "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."