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With Me in the Wilderness: How to Keep Your Heart Soft in the Wilderness

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Psalm 63

A psalm of David. When he was in the Desert of Judah.

Psalm 63:1-2 (NIV): You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. I have seen you in the sanctuary and beheld your power and your glory.

Four Ways To Win the Wilderness

Way #1: Draw Closer to God

Psalm 63:3-5 (NIV): Because your love is better than life, my lips will glorify you. I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.

Way #2: Worship Through the Wilderness

Job 1:20 (NIV): At this, Job got up and tore his robe and shaved his head. Then he fell to the ground in worship.

Acts 16:25 (NIV): About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them.

What Worship Does for You

- Authentic worship renews your strength
- Authentic worship reconnects you with God
- Authentic worship restores your perspective
- Authentic worship rekindles your hope
- Authentic worship restores your joy
- Authentic worship releases your anxieties

Psalm 63:6-8 (NIV): On my bed I remember you; I think of you through the watches of the night. Because you are my help, I sing in the shadow of your wings. I cling to you; your right hand upholds me.

Way #3: Recall God's Past Faithfulness

Isaiah 46:9 (NLT): Remember the things I have done in the past. For I alone am God! I am God, and there is none like me.

Two Ways of Recalling God's Past Faithfulness

A. Recall God's Past Faithfulness in Scripture

Romans 15:4 (NIV): For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope.

B. Recall God's Past Faithfulness in Your Life

Psalms 63:9-11 (NIV): Those who want to kill me will be destroyed; they will go down to the depths of the earth. They will be given over to the sword and become food for jackals. But the king will rejoice in God; all who swear by God will glory in him, while the mouths of liars will be silenced.

Way #4: Trust God to Be Your Defender

Revenge says, "I will make this right."
Trust says, "God will make this right."

Romans 12:19 (NIV): Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.