

1/24/21

**Hope Lives Here: Finding hope for your future**  
**Cal Rychener**

**Colossians 1:27 (NIV):** ...Christ in you, the hope of glory.

**Jeremiah 29:11 (NIV):** "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

**Romans 15:13 (NIV):** May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

**Proverbs 3:5 (NIV):** Trust in the Lord with all your heart and lean not on your own understanding.

**Psalms 56:3 (CSB):** When I am afraid, I will trust in you.

**Psalms 9:10 (NIV):** Those who know your name trust in you, for you, LORD, have never forsaken those who seek you.

**Psalms 13:5 (NIV):** But I trust in your unfailing love...

**T: Turn to God Rather than away from Him!**

**Psalms 13:1-2 (NIV 1984):** How long, O LORD? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and every day have sorrow in my heart? How long will my enemy triumph over me?

***"Don't doubt in the dark what God has shown you in the light!"***

**R: Rely on His Word!**

**Romans 15:4 (ESV):** ...through the encouragement of the Scriptures we might have hope.

**U: Uproot negative thinking!**

**Philippians 4:8 (NIV):** Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

**S: Stay in the moment!**

**Matthew 6:34 (NIV):** “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

**T: Take the long view (rather than the ‘now’ view)**