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Honest to God: Honest About My Past **Jon Rychener**

Luke 23:32 (NIV): Two other men, both criminals, were also led out with him to be executed.

What from your past hangs over your head today?

Luke 23:39 (NIV): One of the criminals who hung there hurled insults at him: "Aren't you the Messiah? Save yourself and us!"

Luke 23:40-41 (NIV): But the other criminal rebuked him. "Don't you fear God," he said, "since you are under the same sentence? We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong."

Steps in the Journey to Walking Free

Step #1: Face the Past

"Not everything that is faced can be changed, but nothing can be changed until it is faced."—
James Baldwin

Instead of Facing the Past...

- A. We Numb the Past
- B. We Outwork the Past
- C. We Rehash the Past

Luke 23:42 (NIV): Then he said, "Jesus, remember me when you come into your kingdom."

Step #2: Turn to Jesus

Luke 23:43 (NIV): Jesus answered him, "Truly I tell you, today you will be with me in paradise."

Step #3: Trust Jesus at His Word

Luke 23:43 (NIV): Jesus answered him, "Truly I tell you, today you will be with me in paradise."

Philippians 2:29-30 (NIV): So then, welcome him in the Lord with great joy, and honor people like him, because he almost died for the work of Christ. ...