



Peace I leave with you; my peace I give you. I do not give you as the world gives you. Do not let your hearts be troubled and do not be afraid. JOHN 14:27

Peace isn't the absence of problems but rather the presence of the Holy Spirit. What is one anxious thought that is stealing your peace you can release to the Lord?

5 SECRETS TO CHOOSING PEACE INSTEAD OF PANIC

Secret #1: Pray Your Worries.

Do not be anxious for anything, but in everything by prayer and petition, with thanksgiving, let your requests be made known to God. PHILIPPIANS 4:6

If you know how to worry you know how to pray, you just have to refocus your conversation. Do you find it hard to move your thoughts from worry to prayer? How do we cast our cares on the Lord?

Secret #2: Examine Your Life.

Though grace is shown to the wicked, they do not learn righteousness; even in a land of uprightness they go on doing evil and regard not the majesty of the Lord. ISAIAH 26:10

God uses all circumstances and situations as opportunities for spiritual growth. Where do you want to grow spiritually during this time? Personally, what do you hope to accomplish while you are at home?

Secret #3: Activate Your Faith.

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. EPHESIANS 5:19

We can experience peace by being thankful rather than negative and grumpy. What is one thing you are thankful for despite all the negativity around us?

Secret #4: Confess God's Promises.

And we know that all things work together for good of those who love God, to those who are the called according to His purpose. ROMANS 8:28

Through this virus, where do you see society believing and acting contrary to God's word? Are you acting contrary to God's word? What verses bring you back into alignment? Why do those verses speak so powerfully to you?

Secret #5: Edit Your Thoughts.

Finally brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. PHILIPPIANS 4:8-9

Now more than ever we must be conscious about our thoughts. What or who are the things that cause you to have negative thoughts? How can you dwell on positive thoughts this week?

SERIES: CORONA-VITALS

Part 2: Vital Peace

John 14:27, “Peace I leave with you; my peace I give you. I do not give you as the world gives you. Do not let your hearts be troubled and do not be afraid.”

Colossians 3:15, “Let the peace of God dwell in your hearts...”

2 Thessalonians 3:16, “Now may the Lord of peace himself give you peace at all times and in every way.”

5 Secrets to Choosing Peace Instead of Panic!

Secret #1: P: Pray! Pray Your Worries!

Philippians 4:6, “Do not be anxious for anything, but in everything by prayer and petition, with thanksgiving, let your requests be made known to God.”

Philippians 4:7, “And the peace of God that passes all understanding will guard your hearts and minds in Christ Jesus.”

1 Peter 5:7, “Cast all your cares on him because he cares for you.”

Secret #2: E: Examine! Examine Your Life!

2 Chronicles 7:14, “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and will heal their land.”

Isaiah 26:10, “Though grace is shown to the wicked, they do not learn righteousness; even in a land of uprightness they go on doing evil and regard not the majesty of the Lord.”

Romans 5:1, “Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus God.”

Colossians 3:5-10, “Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. Because of these the wrath of God is coming. You used to walk in these ways, in the life you once lived. But now you must rid yourselves of all such things as these: anger, rage, malice, slander and filthy language from your lips. Do not lie to each other...”

Colossians 3:12-14, “Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievance you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.”

Secret #3: A: Activate! Activate Your Faith!

Ephesians 5:18, “Be filled with the Holy Spirit.”

Ephesians 5:19-20, “Speaking [His Word] to one another, singing and making music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of the Lord Jesus Christ.”

Secret #4: C: Confess! Confess God’s Promises!

2 Corinthians 4:13, “It is written, ‘I believed; therefore I have spoken.’ With that same spirit of faith, we also believe and therefore speak.”

2 Timothy 1:7, “For God did not give us a spirit of fear, but a spirit of power, of love, and of self-discipline.”

Hebrews 13:5, “I will never leave you nor forsake you.”

Romans 8:28, “And we know that in all things God works for the good of those who love him...”

Philippians 1:21, “For me to live is Christ and to die is gain!”

Secret #5: E: Edit Your Thoughts!

Isaiah 26:3, “You will keep him in perfect peace whose mind is stayed on You, because he trusts in You.”

Philippians 4:8, “Finally brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

Philippians 4:9, “Put it into practice. And the God of peace will be with you.”